

# Rosslare Newsletter

## March Edition

## Free

### Welcome to the March Edition of Rosslare Newsletter

Calling all budding young artists! Why not enter our Easter Colouring competition. Some yummy Easter treats in store for 2 lucky winners. Just drop your drawings back to school or into the Shop at the community Centre before Friday 27<sup>th</sup> March



#### Dates in March

17<sup>th</sup> - St Patricks Day  
22<sup>nd</sup> - Mothers Day  
29<sup>th</sup> - Summer time begins!



#### March Opening Times

Mon – Fri 9.00am – 9pm

Sat 9.00am – 4pm

St Patrick's Day 12 – 4pm

Coffee, Cappuccino,  
Latte and Tea  
available in shop

#### Office Admin Services

- ❖ Printing
  - ❖ Photocopying
  - ❖ Scanning
  - ❖ Word Processing
- Available in office at reasonable prices

#### New 2 You Charity Boutique

Open: Mon – Sat  
10am – 5pm



Name \_\_\_\_\_ Age \_\_\_\_\_ Contact No \_\_\_\_\_



Keep in touch

To Contact Rosslare Community & Sports Centre  
Call us on 053 9132202 Email [rcda@outlook.ie](mailto:rcda@outlook.ie)  
Website [www.rosslareholidayresort.ie](http://www.rosslareholidayresort.ie)

# What's Happening.....

## Monday

Men's Shed - 2pm  
St Paul's Running Club – 5:30pm to 7:30pm  
Yoga – 6.45pm  
Soccer U12 Girls – 6pm to 7pm  
Soccer – 7:00 to 8pm

## Tuesday

Walking Football 11-12  
Men's Shed – 2pm  
Shine Bright Theatre Drama Classes – 3pm to 6pm  
Soccer – 7.00pm to 9:00pm  
Menapians – 7:00pm to 9:00pm  
Rosslare Boxing Club – 7:00pm to 9:00pm

## Wednesday

Women's Shed – 10:30am  
Rosslare Bowling Club – 12.30pm to 4.30pm  
St Pauls's Running Club – 5.30 – 6.30pm  
Judo – 6.30pm to 7.30pm  
Soccer U12 Boys – 7pm to 8pm

## Thursday

Men's Shed – 2 pm  
Soccer U10 Boys & Girls - 6pm to 7pm  
Youth Team Soccer – 7.30 to 9pm  
Menapians - 7:00pm to 9:00pm  
Rosslare Boxing Club – 7:00pm to 9:00pm

## Friday

Yoga – 8.15am  
Rosslare Tennis Club – 9:30am to 10:30am  
Pilates – 10am to 11am  
St Paul's Running Club - 6:00pm to 7:00pm  
Soccer Academy – U7s Mixed – 6:00pm to 7:00pm  
Soccer 8-9 yrs Mixed – 6.00 – 7.00pm (Indoors)  
Rosslare Youth Club – 7:00pm to 9:00pm

## Saturday

DANCEFIT Amanda 10am  
ActiveDance 50+ Amanda 11.30am  
Rosslare Badminton Club 11.30am  
Rosslare Bowling Club – 12pm to 4pm  
Birthday Venue available from 2pm

## Contact Numbers for Local Groups

St. Pauls – Leo 086 3103417  
Rosslare Boxing Club - Teresa 085 1592984  
Rosslare Schoolboys/girls – Colm 087 6087475  
Forever Fit – Amanda 087 9713339  
Shine Bright – Lisa 085 1532705  
Rosslare Youth Club – 087 1334039  
Pilates – Theresa 089 4620552  
Men's Shed – Jim 087 6815029  
Women's Shed - Jackie on 087 6468677 or Paula on 086 7870696  
Yoga – Sharon 086 1943527  
Rosslare Bowls Club – Catherine 0868177679  
Tennis Club – Val 086 8273212  
Judo – Fabiola 083 0335866

# In Rosslare

**Scoil Mhuire Rosslare** Enrolments for September 2020 now being taken. Please call into the school office between 9am and 5pm for an Enrolment Booklet or phone 0539132501 to have one posted to you. Alternatively you can download the form from our website [www.scoilmhuirerosslare.ie](http://www.scoilmhuirerosslare.ie)

**Brain Yoga Taster session** Brain yoga involves a series of easy to learn exercises which can help to reduce stress, promote relaxation, improve academic performance and enhance creativity. The practice combines breathing and gentle movements to increase oxygen flow to the brain. Brain Yoga Practitioner Annette Fischer will hold a taster session in the Fort Room, Rosslare Community Centre on Thursday 26 March from 7 to 8pm. If you think you might benefit, why not come along and find out what it's all about. Suitable for all, aged 8 to 80... and beyond. Admission is free (voluntary donations welcome).

**Rosslare 10k Road Race** Wexford Triathlon Club's annual Road race takes place on Monday 13 April. This year sees the addition of a 5k route. For more information or to register, visit [www.wextri.com](http://www.wextri.com)

**St Pauls** The Leinster Athletics Star Awards 2019 were held in February and for the third year in a row Maeve Hayes was crowned Best Female Juvenile Athlete. Well done Maeve! Maeve and Danika Gilshinan also did the club proud in the recent Leinster Indoor Championships, with Maeve coming 1<sup>st</sup> in the U19 Long Jump and 2<sup>nd</sup> in the 60m hurdles, and Danika claiming 3<sup>rd</sup> place in both the 800m and 1500m – both girls now go through to the All Ireland Indoor Championships in March. Congratulations to all who took part in the recent Wexford Credit Union Night Run; Artem Kelly, Rebecca Sinnott, Caolan Kelly, Johnny Kelly and Kate Roche.

**Rosslare Befriending Service** We offer free and friendly companionship to older people through weekly visits and telephone calls. Our volunteers receive training and are Garda vetted. We complement other services such as home help, home care etc., but DO NOT replace these services. Professional and self-referrals welcome. For more information, call 085 852 6866 or email [rosslarebefriendingservice@gmail.com](mailto:rosslarebefriendingservice@gmail.com).

**Rosslare Bowls** All welcome. [www.rosslarebowls.com](http://www.rosslarebowls.com)

**Invitation to the community** You are very welcome to join Avril and Jenita to discuss the life and teachings of Jesus ministering freely from the Bible. Meeting in the Community Centre every Wednesday throughout March. For more information, contact Avril or Jenita on 086 662 7681.

**COIS BARRY Community Centre** Cois Barry Community House has teamed up with Kelly's Resort Hotel to introduce a free course in the Hospitality Industry. The course will include Barista training, Table waiting & Bar-Tending. This course will commence late February To register or more information please call to Community house or contact David 087-7631605 We have a number of following weekly activities in the Cois Barry Community Centre in Rosslare Strand, including Art Group, Junior Youth Club, School of Irish Trad (music lessons), Crochet and Knitting Group, Guitar, Drums, Youth Drop in Centre (087-763-1605), Guitar. Our rooms are available to rent, get in touch if you are interested!

**Active Retirement Group** The group meets for coffee every Tuesday at 10.30 in Coast Hotel. Various outings are planned for the coming year, including a trip to Wexford Light Opera's production of Titanic in April. For more information contact Ann on 0539132633

**New 2U Charity Shop** Beat the winter blues with a trip to our quirky Charity boutique. Bargains always available in women's clothing, jewellery, household goods and bric a brac. Good quality donations always welcome. Monday to Sunday 10 – 5pm. Follow us on Facebook for featured bargains.

**Community Book Shelf** An ever changing selection on our shelf, including thrillers, romantic fiction, children's books. We ask for a €1 donation; all proceeds go towards the Community of Rosslare.

**Access for All Garden** There's a definite hint of Spring in the air, with early bulbs pushing through to greet the sunshine. Our wonderful team of volunteers work all year round to keep this little oasis looking its very best.

**Shine Bright Theatre** Every Tuesday at 3pm – see Shine Bright Facebook page for details.

**Office Admin Service** We can now provide a fully comprehensive office administration package to suit individual needs. In addition to internet access, we offer quality admin services to include CV production, fliers, reports, correspondence etc. Call 053 9132202 or call to the office upstairs in the Centre.

**Tai chi on the beach** – Wed and Fridays 9.30 – 10.30am



# Advertisements



**Rosslare**  
Community Centre

**BIRTHDAY PARTIES!** Contact us for our full range of party options

053 91 32202 / rcda@outlook.ie

## Pilates



*Balanced development of the body through core strength, flexibility, and awareness*

*Classes with Theresa 089 462 0552*



Fridays @10.00am  
€10.00 per class or  
€55.00 for 6 classes



## Rosslare Community & Sports Centre Membership 2020

Tennis Playground Crazy Golf  
Running Track Outdoor Bowls

**Family Membership**  
Parents, Children & Grandparents  
**only €100**


Playground €25 Bowling €50 Tennis €50 Track €50  
Couple Membership also available

053 9132202

rcda@outlook.ie



Introducing...





## Brain Yoga

Taster Evening

Combines Breathing with Simple exercises to connect the left and right side of the brain improving brain functions

Benefits include:

- Reduced Stress
- Promotes Relaxation
- Improves Academic Performance
- Enhances Creativity



**Thursday 26<sup>th</sup> March**  
7pm to 8pm  
Suitable for all Ages!

For more information contact Annette Fischer 085 7414 303 or Call Rosslare Community Centre on 053 913 2202

Admission is Free! Donations welcome

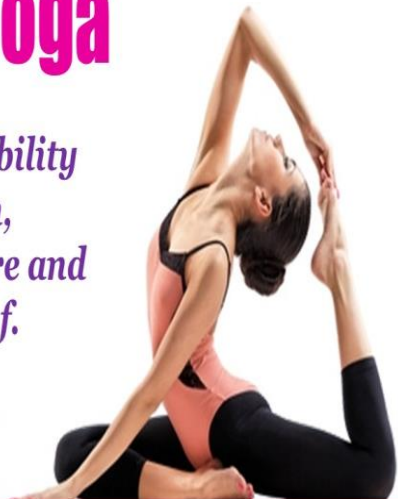
## Hatha Yoga

*Increases flexibility & strength, good for posture and stress relief.*

**Every Monday @ 6.45pm**  
**Every Friday @ 8.15am**

**€6.00 per class or 4 classes for €20.00**

**Contact Sharon for more information on**  
**086 1943527**



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